Figure 2: PRISMA Flow Diagram of Literature Review Decision Process

- **Identification**: Records identified through database searching (n=1,378) → Records after duplicates removed (n=1,305)

- **Screening**: Records screened (n=1,225) → Records excluded (n=1,145)

- **Eligibility**: Full-text articles assessed for eligibility (n=80) → Full-text articles excluded, with reasons (n=38)

- **Included**: Studies included in quantitative synthesis (meta-analysis) (n=42)