THE DEVELOPMENT OF A MINIMUM DATA SET FOR AN INFERTILITY REGISTRY

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Abstract

Effective decision making in the healthcare setting is highly dependent on access to reliable and robust data and information. A minimum data set is a standard assessment instrument that is used during the data collection process to ensure that decision makers have access to a consistent set of information. The objective of the current study was to develop a minimum data set for infertility patients that can be employed as the basis for an infertility registry in Iran. A systematic review resulted in the identification of 2,501 articles and 17 patient forms from infertility centers that were relevant to the study objectives. Of these, 10 articles met all the inclusion and exclusion criteria, and 232 data elements were subsequently extracted from these papers. The data elements were classified by three experts and validated via two rounds of a Delphi technique. The accessibility of the data elements was then evaluated during a focus group discussion. Finally, 146 data elements were selected as the minimum data set. The proposed minimum data set could provide the basis for standardization of infertility treatments. Synchronizing the various data sets that are currently in use will be necessary to allow sharing of data across infertility registries.

Keywords: common data elements; registries, infertility; assisted reproductive techniques

Introduction and Background

Infertility is a considerable health challenge in developing countries and is associated with poor mental and social outcomes. Depression, fear of divorce, remarriage, high treatment costs, and fear of uncertainty about the treatment outcomes are just some of the challenges that people who are suffering from infertility experience. According to the World Health Organization (WHO), one in four married couples in developing countries encounter infertility problems. In Iran, fertility problems are experienced by 20.2 percent of couples (19.9 percent in urban areas and 22 percent in rural areas).

A range of therapeutic methods of treating infertility are available, such as intrauterine insemination (IUI), in vitro fertilization (IVF), and intracytoplasmic sperm injection (ICSI), and their application varies according to the cause of infertility. The interventions that are currently in use are costly and have negative side effects. Therefore, they should be utilized only if the chance of successful treatment is significant. Various models have been created to predict the likelihood of a successful pregnancy following medical intervention. When creating a predictive model, it is important to ensure that the
data are accurate, complete, and aligned with the clinical goals.\textsuperscript{10} Decision makers who are responsible for the implementation of clinical and managerial healthcare policy rely on the availability of data and key information.\textsuperscript{11}

One of the main objectives of data collection is to access information that can be employed to conduct an assessment of the available therapeutic interventions. In the case of infertility interventions, the final analysis of the likelihood of successful treatment is affected by the extent to which the available data are valid and comprehensive.\textsuperscript{12} For example, the growing effectiveness of assisted reproductive technology (ART) in relation to human reproduction is demonstrated by data on the efficacy and safety of such methods. Data on the safety of therapeutic methods and their outcomes are of significance to all stakeholders, including patients, healthcare planners, investigators, and ART centers.\textsuperscript{13}

A minimum data set is recommended as a standard tool that can guide data collection.\textsuperscript{14} A minimum data set is a structure of information that is collated from different sources and is developed using definitions and procedures. This information facilitates the creation of a comprehensive database on a particular subject. A minimum data set can be used to standardize healthcare services in hospitals, nursing houses, and healthcare institutions. It can also be used to guide the data collection process that underpins a specific research study. Data based on a minimum data set can be used to assimilate broad views on healthcare policies.\textsuperscript{15} The recording of patient data elements improves the quality of healthcare and decreases costs.\textsuperscript{16} Patient registries are databases that often use a minimum data set to facilitate precise analysis.\textsuperscript{17,18}

To the best of our knowledge, a minimum data set has not yet been developed for infertility in Iran. The objective of the current study was to develop a minimum data set for infertility as a means of establishing an infertility registry in Iran that could expedite the collection of reliable and detailed data from patients who have been referred to infertility centers.

**Methods**

This descriptive, cross-sectional study was conducted in 2016. The infertility minimum data set was developed via a four-stage process:

1. Systematic review
2. Classification of the data elements
3. Validation of the data elements using the Delphi technique
4. Determination of the accessibility of data elements using focus group discussion
Systematic Review

A systematic review was conducted using sources from the PubMed, ScienceDirect, Scopus, Embase, Web of Science, IEEE Xplore, and Google Scholar databases. A keyword search of these databases was performed using words related to the concepts of minimum data set or infertility registry (dataset, dataset as topic, common data element, registries, minimum dataset) and keywords relating to infertility (in vitro fertilization, artificial insemination, intracytoplasmic sperm injections, assisted reproductive technique, infertility). Keyword MeSH terms are shown in bold. The websites of infertility institutions were also searched for patient forms. Both searches were performed in the second week of June 2016. Databases were screened for English articles only without any limitation on time and type of study. The keywords and references of the articles identified during the initial search were also considered as a means of identifying additional keywords and other relevant articles (see Table 1).

The electronic database search was performed by one reviewer. The titles and abstracts of all articles were screened by two reviewers to identify articles that were relevant to the research objectives. One of these reviewers was the same person who conducted the initial database search. The full text of the articles was then assessed to ensure that the inclusion and exclusion criteria for the study were met. Data extraction was facilitated with the use of a checklist that contained the study objectives, setting, type of study, data sources, data collection methods (computer- or paper-based), main classification, and data elements. Patient forms were downloaded from the websites of the infertility institutions. The data elements were extracted from the forms and related articles, and duplicate items were deleted.

The inclusion criterion were all articles published in English that focused on the establishment of infertility registries and the development of an infertility minimum dataset, and patient forms from infertility institutions. Studies that reported registry data analysis without identifying the data elements were excluded. Seminar abstracts, letters to the editor, theses, dissertations, and position papers were also excluded.

Classification of the Data Elements

The articles identified during the first stage of the research employed various classifications of the data elements. Therefore, the classification applied to the extracted data elements was determined via separate two-hour meetings with three infertility experts. With all three experts’ opinions taken into account, any classifications that the experts believed were not practical were omitted.

Validation of the Data Elements Using the Delphi Technique

The data elements were validated using two rounds of the Delphi technique. A two-column
checklist was developed for the first round. The first column recorded whether each data element would be deleted or retained from the data set, while the second ranked the item according to the degree of importance based on a five-point Likert scale, ranging from low importance (1) to high importance (5). At the end of each classification, a row was provided for the data elements suggested by the experts (see Appendix 1). The concept of a minimum data set was explained to the participants, and they were asked to score the checklist elements based on the following question: “Do you think this data element is essential for an evaluation of an infertility patient’s therapeutic status and to make a decision as to the appropriate treatment intervention?”

The level of agreement was considered to be a criterion for the acceptance of the data elements. Elements that were scored 4 or 5 by at least 50 percent of the experts were considered for inclusion in the minimum data set. Elements that received a score of 1 or 2 from at least 50 percent of the experts were excluded. The remaining elements were entered into the second round of the Delphi technique.

The same checklist that was used in the first round of the Delphi technique was used in the second round with one minor change: the data element suggestion row was removed. The results of the first-round analysis were given to the experts, and they were asked to determine the score for each data element listed in the checklist. Similar to the procedure followed in round 1, elements that received a score of 4 or 5 by at least 50 percent of the experts were considered for inclusion in the minimum data set. The remaining elements were disregarded.

Each round of the Delphi technique lasted four weeks. Both checklists were presented to the experts in person. The experts were blind to the scores given by the other experts. Similar scores were given to the response by the experts.

**Accessibility of Data Elements Using Focus Group Discussion**

To evaluate the accessibility of the proposed minimum data set, a focus group discussion was held with five experts as a means of obtaining their opinions on the recommended minimum data set. The focus group provided the experts with an opportunity to discuss and compare experiences. This session lasted two hours.

**Results**

**Systematic Review**

A total of 2,501 articles were obtained from different databases. After we excluded duplicate articles and reviewed the titles and abstracts of those initially identified, 66 articles were selected for the final survey. After the application of the study inclusion and exclusion criteria, 10 of these articles
were considered for extraction of data elements. A further article was identified during an evaluation of the references contained in the shortlisted articles,\textsuperscript{20} however, it did not meet the inclusion criteria. A total of 17 patient forms were extracted from the International Committee Monitoring Assisted Reproductive Technologies (ICMART),\textsuperscript{21} the Infertility Family Research Registry (IFFR),\textsuperscript{22} the Society for Assisted Reproductive Technology (SART),\textsuperscript{23} and the IVF/ICSI forms of the National Health Service (NHS) of England and infertility centers.\textsuperscript{24} The patient form search continued until no new data elements were identified. A total of 232 data elements were identified on the forms and within the shortlisted articles. The details of these are provided in Figure 1.

Of the 10 shortlisted articles, the classifications and data elements were completely described in four articles,\textsuperscript{25–28} and these articles explained the method of determining the data elements that should be included on a registry.\textsuperscript{29–31} Only one of the related articles described the development of a minimum data set for infertility.\textsuperscript{32} Four articles focused on IVF registry,\textsuperscript{33–36} four on infertility and ART registry,\textsuperscript{37–40} and one on the aspects of reproduction.\textsuperscript{41} The characteristics of the 10 included articles are summarized in Table 2.

### Classification of the Data Elements

The demographic data of the study participants is presented in Table 3. The potential participants consisted of 19 gynecologists and infertility experts from two private infertility centers and one academic infertility center. However, six gynecologists and infertility experts did not participate in the study. Thus, 13 experts contributed. Of these, all 13 (68 percent) participated in the first round of the Delphi survey, and nine (47 percent) participated in the second round.

During the sessions with three experts, five classifications were identified: General Information, Patient History, Paraclinical Reports, Treatment Plan (IVF/ICSI, IUI, IO), and Treatment Outcome. The Lifestyle and Psychological classifications, in addition to their data elements (20 of the 232 data elements), were removed on the basis of the experts’ opinions.

### Validation of the Data Elements Using the Delphi Technique

A total of 212 final data elements were included in the Delphi survey. Of these, 141 data elements were approved in the first round, and 30 were rejected. A total of 41 data elements progressed to the second round of the Delphi survey. Of these, 36 were approved in round 2. Thus, on completion of the survey, 177 data elements were approved. Figure 2 contains a flowchart showing the process by which the elements to be included in the data set were determined.
Determination of the Accessibility of Data Elements Using Focus Group Discussion

In the focus group discussion, 31 data elements were removed by the experts to ensure accessibility of the data set. The final minimum data set included 146 data elements. The classification of these data elements is presented in Table 4.

Discussion

According to the results of the study, 146 data elements were identified and subsequently categorized into the General Information, Patient History, Paraclinical Reports, Treatment Plan (IVF/ICSI, IUI, IO), and Treatment Outcome classifications as a minimum data set for the purpose of establishing an infertility registry in Iran. At present, there is no consistency in terms of the availability of resources and facilities used to treat infertility between developed and developing countries. Therefore, a minimum data set that was created in a developed country would not apply to a developing one. The minimum data set developed in the current study provides a mechanism by which information can be standardized and exchanged between infertility registries.

To ensure the inclusion of all relevant data elements, a systematic review was conducted before the experts were consulted to gauge their opinion. Hence, the new data elements were not suggested by the experts during round 1 of the Delphi. In total, 68 percent of the experts from three private and academic infertility institutions participated in the first round of the Delphi technique. It was assumed that the experts agreed to participate because they recognize the need for data recording systems, the standardization of patient care forms, better treatment follow-up, and access to reliable data for research purposes. Essentially, measuring change over time represents the golden key to health monitoring.42

The minimum data set developed in the current study included the demographic characteristics of the patients, medical history, laboratory test results, diagnosis, and treatment. No complete data on pregnancy outcomes and no data on treatment complications were included in the final minimum data set, with the exception of those items that relate to patients’ referral back to the infertility center for treatment, which is recorded in the medical history. Data on labor, such as delivery week, infant’s birth weight, type of delivery, and treatment complications, were not included in the minimum data set for infertility. This decision was based on the consensus of the respondents who attended the focus group discussion and was according to the accessibility criteria. Usually, patients continue to attend the infertility center until the point at which fetal heart activity is registered. Thereafter, they are referred to private or academic centers to receive prenatal care. If a birth registration system were in place, it could potentially be linked with the data in the minimum data set via the patient’s national identifying code. Although a cumulative delivery rate has been referred to as the gold
standard for successful infertility treatment, exact information of this type is not currently available. Therefore, despite the significance of live and stillbirth data elements, these data elements were excluded from the minimum data set.

An international data element of “clinical pregnancy” can be employed to assess the effectiveness of infertility treatment, therefore, this data element was included in the infertility minimum data set. Treatment complications were considered in 3 of the 10 included articles. Also, the South Africa ART registry reported that patients ceased being referred to infertility centers after the registration of pregnancy (fetal heartbeat).

The *Lifestyle* and *Psychological* classifications, in addition to their data elements, were removed after the sessions with the three experts. These two classifications and their associated data elements were not included in any of the 10 related articles. The extent to which the data elements complied with the accessibility criteria were evaluated during the focus group discussions. One of the characteristics of data quality was the accessibility of data. This means that data elements should be easily acquirable and can be legally collected. According to the World Health Organization, accessibility plays a significant role in the development of healthcare services. Data collection is costly and time consuming. Therefore, the accessibility of data elements was assessed because accessibility is important for minimizing missing data and accelerating data collection. Accessibility criteria were not evaluated in any of the 10 selected articles.

In the current study, three different methods were used to develop the minimum data set: individual sessions with experts, a Delphi technique, and a focus group discussion. Experts from three different infertility centers participated in the study, and coordination between them was difficult. Hence, it was not possible to hold several focus group discussions. The Delphi technique facilitated the process by which information was shared among specialists from different geographical areas. The Delphi technique is a structured, iterative method through which the approval and consensus of experts in related fields is sought. Therefore, we used this technique to determine which elements would be included in the minimum data set. We then needed to assess the extent to which the minimum data set was accessible. To decide which data elements should be collected by all infertility centers, experts from all three infertility centers discussed and finalized the data set during a focus group discussion. During this process, a distinct emphasis was placed on interaction among group members.

The current study has some limitations. First, the opinions and evaluations that were employed to finalize the data set were derived from experts from only one city. This city is the second most populated city in Iran. Nevertheless, the minimum data set developed in the current study could be updated by specialists in other cities to develop infertility registries therein. Second, the infertility
registries employ different terms to describe aspects of infertility. Therefore, after we initially searched for and reviewed related keywords, the search strategy was modified, and new keywords were added. This process led to the inclusion of registries and a minimum data set for the different infertility treatments in the second search. An additional minimum data set is necessary for prenatal care and pediatric care to capture data on the outcomes and effectiveness of infertility treatments. Therapeutic protocols and effective parameters for diagnosis and treatment may be changed. Thus, the minimum data set developed for infertility in the current study should be updated in the future.

**Conclusion**

The minimum data set developed for infertility in the current study could potentially pave the way for the development of a standardized approach to treating patients with infertility. At a minimum, it offers a means by which the different data sets that are currently used in different fertility registers can be combined into a single data set. The ability to assess infertility treatment and associated outcomes with respect to mothers and infants is facilitated by the current minimum data set. Developing an infertility registry using this minimum data set could help to generate higher-quality data that would lead to better clinical decisions.

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Notes


25. Germond, M., D. Wirthner, and A. Senn. “Core Data for Assisted Reproductive Technology Registers: Results of a Consensus Meeting.”


52. Germond, M., D. Wirthner, and A. Senn. “Core Data for Assisted Reproductive Technology Registers: Results of a Consensus Meeting.”

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