

Table 4. Frequency Distribution of Self-Care Elements Discussed during Encounters among Moderate to High EMR Use Encounters and Low EMR Use Encounters (N = 50)

Self-Care Element	Moderate to High EMR Use (n = 37)		Low EMR Use (n = 13)		Odds Ratio (p value) and 95% Confidence Interval for Overall Self-Care Discussion
	Total Frequency	%	Total Frequency	%	
Disease symptoms	31	84	7	54	4.4 (0.05) 0.8645 22.1433
Self-monitoring activities	25	68	6	46	2.4 (0.2) 0.5509 10.7752
Discussion of medication use	37	100	13	100	*Not available (1.0) *Not available
Diet	19	51	4	30	2.3 (0.3) 0.5317 12.287
Exercise	22	59	8	62	0.9 (1.0) 0.1959 3.9497
Alcohol consumption	8	22	2	15	1.5 (1.0) 0.2423 16.7296
Cigarette smoking	14	38	1	7	7.3 (0.07) 0.8653 334.136
Family support/community resources	9	24	4	31	0.7 (0.71) 0.1514 4.028
Emotional distress	12	32	1	8	5.7 (0.14) 0.6733 266.401
Physical distress	32	86	6	46	7.4 (0.006) 1.4159 40.0823

*This is because the odds for both groups are infinity (37/0 and 13/0).