

Table 3

Demographic Characteristics of the Sample and Number of Participants in Each Categorization Group

| Characteristics | | All (<i>n</i> = 300) | New Prediabetes (<i>n</i> = 40) | Known Prediabetes (<i>n</i> = 28) | New Diabetes (<i>n</i> = 4) | Known Diabetes (<i>n</i> = 107) | Normal (<i>n</i> = 121) |
|------------------------|--------|---------------------------------|--|--|--|--|------------------------------------|
| Gender | Male | 266 | 34 | 23 | 4 | 101 | 104 |
| | Female | 34 | 6 | 5 | 0 | 6 | 17 |
| Age | | 61.61 | 61.82 | 59.54 | 64.75 | 67.71 | 56.52 |
| BMI | | 29.90 | 29.43 | 31.28 | 32.60 | 31.22 | 28.45 |
| Hemoglobin A1c level | | 6.22 | 5.79 | 6.03 | 7.08 | 7.52 | 5.22 |