

Table 1

Descriptive Characteristics of the Demographic Variables

Variables	Categories	Frequency	Percentage
Gender	Male	18	18.9
	Female	77	81.1
Age	Under 30 years	2	2.1
	30–39 years	13	13.7
	40–49 years	22	23.2
	50–59 years	39	41.1
	60 years and older	19	20.0
Ethnicity	African American	1	1.1
	Asian	4	4.4
	Caucasian	81	85.3
	Hispanic	4	4.4
	Middle Eastern	3	3.3
	Other	2	2.1
Years in health field	Less than 5 years	7	7.4
	5–10 years	32	34.0
	11–15 years	18	19.1
	More than 15 years	37	39.4
Theoretical orientation (most frequently selected by respondents)	Attachment	18	18.9
	Behavioral/solution-focused therapy	15	15.8
	Cognitive behavioral	45	47.4
	Eclectic (many therapies)	21	22.1
	Family systems	33	34.7
	Humanistic/existential	19	20.0
	Psychodynamic	23	24.2
Employment status	Employee	23	24.2
	Self-employed private practice	88	92.6
	Self-employed consultant/contractor	9	9.5
	Other	6	6.3
Institutional setting	General hospital	0	0
	Psychiatric hospital	3	3.2
	Residential (psychiatric)	1	1.1
	Residential (substance abuse)	3	3.2
	Community mental health	16	16.8
	Not applicable	50	52.6
	Other	7	7.4
Using personal or other computer device to access the following:	Client's/patient's clinical information	49	51.6
	Your email	90	94.7
	Health/clinical resources, journals, and/or research	74	77.9
	Other	12	12.6

Frequency of using EHR technology	I use EHR technology frequently in my work.	55	57.9
	I use EHR technology infrequently (occasionally) in my work.	23	24.2
	I have used EHR technology in the past, but I am not using it currently in my work.	7	7.4
	I have never used EHR technology in my work.	11	11.6
Training or experience with EHR technology	Formal graduate school training	3	3.2
	Formal practicum or internship training in EHR technology	9	9.5
	Formal workshops or conferences on EHR for which I received CEU credits	4	4.2
	Formal workshops or conferences on EHR technology for which I did not receive CEU credits	10	10.5
	Self-guided learning about EHR technology	60	63.2
	None	26	27.4
Perceived proficiency in using computer devices	Novice-beginner with limited skills and privileges	6	6.3
	Technician-advanced beginner: dabbler; starting to function creatively and assist others but without significant experience	13	13.7
	General-starting to become well-rounded, knowledgeable	60	63.2
	Advanced-experienced, able to assist others independently, critically. Usually have completed formal training in computer science, medical informatics or related area.	13	13.7
	Extra-seasoned, experienced, the most accomplished in the field	3	3.2

Abbreviations: CEU, continuing education unit; EHR, electronic health record.