Figure 2

Flow Diagram for Selection of Studies on mHealth Interventions for Adult Obesity in the United States, 2006–2016

Potentially relevant articles identified from electronic database searches (151 in PubMed, 245 in Google Scholar, 4,865 in EBSCOhost, 63 in ProQuest) \((n = 5,324)\)

References excluded on the basis of the review and abstract review (for obscure or unclear titles)

\((n = 4,960)\)

Full-text articles assessed for inclusion \((n = 364)\)

References excluded on the basis of full-text review (not the target population, intervention, outcome)

\((n = 284)\)

Eligible for inclusion \((n = 80)\)

Empirical paper excluded after quality appraisal \((n = 26)\)

Included in the study \((n = 54)\)