

**Table 2**

Mean Comparisons, Standard Deviations, and Effect Sizes of Metabolic Biomarkers for Nondiabetic Participants with Negative and Positive Family Histories for Diabetes (Mann-Whitney U Test)

	<b>Negative Family History for Diabetes</b>			<b>Positive Family History for Diabetes</b>		
	<b>Mean</b>	<b>SD</b>	<b>N</b>	<b>Mean</b>	<b>SD</b>	<b>N</b>
BMI <sup>a</sup>	27	3.5	207	28.2	4.09	73
TRG	122.2	75.2	207	119	57	73
Insulin <sup>b</sup>	7.3	5.2	192	8.5	4.8	71
HDL cholesterol	52	14.6	207	50	11.7	73
Hemoglobin A1c	5.5	0.29	174	5.5	0.38	68
CRP	1.14	2.19	185	0.81	1.49	68

*Abbreviations:* BMI: body mass index; TRG: triglycerides; HDL: high density lipoprotein; CRP: C-reactive protein.

<sup>a</sup> M BMI U(280) = 8,782,  $z = 2.06$ ,  $p = .04$ ,  $r = .12$  (small effect size)

<sup>b</sup> M Insulin U(263) = 7,994,  $z = 2.15$ ,  $p = .03$ ,  $r = .13$  (small effect size)