Appendix A

Protective Measures for Private Health Information

1. If any employee misuses my private information, it must be reported to an official.
   45 C.F.R. §164.530(d)(1)
2. Fines of $100-$25,000 will be charged for privacy violations, if non-intentional.
3. A fine of $50,000 and up, plus prison time will be charged for privacy violations that are intentional.
4. My physician will possibly lose his/her reputation and business if they violate my privacy.
   45 C.F.R. §164.530(e)(1)
5. I will sign a “Notice of Privacy Practice” form that will explain who can see my information.
   45 C.F.R. §164.520(a)(1)
6. If my information is needed for things other than treatment, payment of my bills and normal organizational operations, it can only be released with my signed authorization.
   45 C.F.R. §164.506(c)
7. I can send my health information to a different address or e-mail.
   45 C.F.R. §164.522(b)(1)(i)
8. I can review the information in my medical record.
   45 C.F.R. §164.520 (b)(1)(iv)(c)
9. I can request a copy of my health record.
   45 C.F.R. §164.520(b)(1)(iv)(c)
10. I can request changes or updates to my health information.
    45 C.F.R. §164.526(a)(1)
11. I can find out who has received my information and why they needed it.
    45 C.F.R. §164.528(a)(1)
12. Each facility has someone called the privacy officer who is responsible to oversee private health information.
    45 C.F.R. §164.530(a)(1)
13. Sign-in sheets with patient information are not left in the open at the registration desk.
    45 C.F.R. §164.502(a)(1)(iii)
14. My lawyer can receive a copy of my health information.
    45 C.F.R. §164.530(g)(2)
15. The hospital lawyer can review my health information.
    45 C.F.R. §164.502(j)(1)(B)
16. The hospital auditors (those who review quality) can review my health information.
    45 C.F.R. §164.506(c)(4)(ii)
17. The company that processes bills for the hospital receives my information.  
   45 C.F.R. §164.506(c)(3)
18. A consulting physician who is called by my doctor can review my information.  
   45 C.F.R. §164.506(c)(2)
19. Employees will have limited access to my information, based on their job titles.  
   45 C.F.R. §164.514(d)(2)(ii)
20. My health information can be used in research projects only if the identifying information is not used.  
   45 C.F.R. §164.512(i)(1)(i)
21. I will not receive any healthcare advertising unless I sign an authorization.  
   45 C.F.R. §164.508(a)(3)
22. The local health department may have access to my health information if routine reporting is required.  
   45 C.F.R. §164.512(b)
23. I can request to be excluded from the hospital directory. No information will be given out about me.  
   45 C.F.R. §164.510(a)
24. My information can be reviewed by an oversight group, which inspects the facility for appropriate practice (hospital licensing).  
   45 C.F.R. §164.512(d)
25. My information can be released if I am a victim of a crime.  
   45 C.F.R. §164.512(f)(3)

Note: The statements above were rephrased in a self-referent manner from actual statements in the U.S. HIPAA legislation documents: 45 Code of Federal Regulations and Public Law 104-191; 42 United States Code.